

Numeracy

Maths (Oral)

- ❖ Counting 1 to 50
- ❖ Recognition of Numerals 31 to 50

Maths (Written)

- ❖ Write Numerals 31 to 50 (N.B.)
- ❖ Fill in the missing numerals 31 to 50 (N.B.)
- ❖ Count & write 31 to 50 (N.B.)
- ❖ Match the same numbers 31 to 50 (N.B.)
- ❖ Circle & colour the correct numbers

31 to 50 (N.B.)

What comes before (1-50)

Pg. 50 (Book & N.B.)

What comes after (1-50)

Pg. 51 (Book & N.B.)

What comes between (1-50)

Pg. 52 (Book & N.B.)

What comes before & after (1-50) Pg. 53 (Book & N.B.)

Number Names - One to Five

Maths (Work Book)

- ❖ Numbers 1 to 100 - (Book Pg. No. 5 to 17)
- ❖ Page (44 to 53)

Story Telling

- ❖ The Honest Dog
- ❖ सिंह और चूहा (Pg No. 21)

Art

- ❖ Pg. No. 9 to 14

G.K. (Oral)

- ❖ Flowers Name
- ❖ Body parts & sense organ
- ❖ Pet & wild animals name

Conversation

1. What is your school name?

A. My school name is Mother's Public School.

2. What is your teacher's name?

A. My teacher name is _____

3. Who is your best friends?

A. My friend's name is _____

4. What is the capital of India?

A. New Delhi

5. How many days are there in a week?

A. Seven (7 days)- Sunday, Monday, Tuesday, Wednesday, Thursday, Friday, Saturday.

6. How many months are there in a year?

A. Twelve (12 months) - January, February, March, April, May, June, July, August, September, October, November, December

7. Who is the father of our nation?

A. Mahatma Gandhi

8. What is your country name?

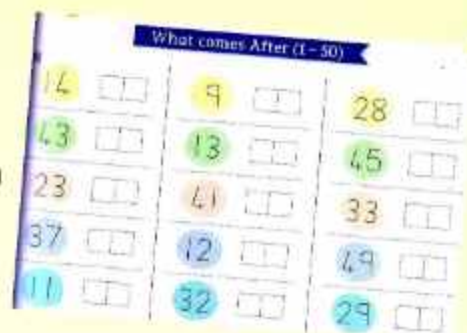
A. India

9. Name the national bird?

A. Peacock

10. Name the national flower?

A. Lotus



We'll be witnessing the cold monsoon breeze soon!!

"Monsoon Health Guide:-"



* Let's get ready kids!

Save yourself and your family from dengue and malaria.

* Major problem is mosquitoes breeding during the monsoon so:

- Wear full sleeves clothes and trousers instead of shorts at home to keep yourself covered.
- Use mosquito repellents regularly.
- Don't collect water overnight in buckets.
- Avoid water collection in cooler, coconut shells and surrounding areas as it becomes prominent breeding sites for mosquitoes.
- Keep surroundings clean and enjoy monsoon cold winds.



LUNCH GUIDE : FOR BETTER COGNITIVE DEVELOPMENT



MONDAY	TUESDAY	WEDNESDAY
Veg paratha + Curd Seasonal Fruit (Blackberry, lychee, pear, plum, etc.)	Idli + Coconut Chutney Dry Fruits (2-3 Almonds, Raisins)	Vegetable Poha/Upma Boiled Corn (Lightly Salted)
THURSDAY	FRIDAY	SATURDAY
Chapati Roll (Paneer/Veg) Fruit (Papaya/Apple)	Rice + Dal + Vegetable (Small Portion) Homemade Ladoo/Chikki	Sandwich (Vegetable/Paneer) Sprouts Salad (Light)



- Avoid too spicy and oily food in lunch boxes.
- Avoid processed foods like maggi, pasta or sodas most commonly leads to malnourishment in young toddlers.
- Avoid too much Sugar rush like chocolates, toffees as it's not good for tooth development / permanent tooth eruption also delays cognitive milestones in a growing child.
- Give seasonal vegetables in lunch and dinner at home. To add ample amount of protein in either veg and non-vegetarian diet to be included to make the meal a complete balanced diet with required portions of carbohydrate, protein and fat.



Lets enjoy monsoon delicacies



"Be Active, Be Strong, Be Healthy"

Events of the month:-

International Yoga Day-	21 June
Muharram	- 26 June
Doctor's Day	- 1 July
Van Mahotsav	- 4 July
World Youth Skills Day-	15 July
International Tiger Day-	29 July



❖ Tip for the parents:-

- Ensure your child eats a balanced diet with fruits, vegetables, milk & home cooked food.
- Make sure your child drinks enough clean water everyday.
- Limit mobile/TV screen time & encourage outdoor play.

❖ Instructions for the students:-

- Be kind, be neat, keep everything clean.
- Study, play and smile everyday.
- Respect all, hurt none.